

October 2011

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DRY CEREAL AND TOAST DAILY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Oatmeal, ham juice, milk Chicken patty, gravy, mashed potatoes, hot rolls, fruit cups milk	4 Pancake sausage on stick, apple juice, milk Meat & bean chalupa, spanish rice, applesauce, lettuce / tomatoes, milk Burritos	5 Pop Tarts, sausage apple juice, syrup, milk Pigs in a blanket baked beans, baked chips, oranges smiles milk McRibs/bread	6 Waffles sausage grape juice, milk Lasagna w/meat sauce, apples, salad, bread sticks, milk Corn dogs	7 Biscuits, gravy, sausage, orange juice, jelly, milk Baked ham macaroni, cheese, bread, baby carrots, Peaches, spice cake, milk Grilled cheese sandwich	8
9	10 Donuts sausage grape juice, milk Hot dogs, w/ chili, Chips, pickle spears, orange smiles milk <i>Flex days</i>	11 Waffles, sausage, grape juice, sausage, milk Smothered steak, creamed potatoes, green beans, sliced pears, wheat bread, milk Sloppy Jo	12 French toast, syrup ham, grape juice, Chicken Patty on bun, chips salad trays fruit cup, milk Burritos Pickle spears	13 Sweetened rice sausage. apple juice, milk Chicken Dumplings fruit cups peas/carrots, milk Ham sandwiches, chips	14 Biscuits, gravy, sausage, orange juice milk Pepperoni pizza, corn, apples milk	15
16	17 Oatmeal, sausage, grape juice, milk Homemade burritos, baked beans, pears, milk Corn dogs	18 Pop tarts, sausage, variety juice, milk Cheeseburger, lettuce, tomatoes, pickles, chips, Pineapple, milk	19 Pancakes sausage on stick, applesauce cups syrup, milk Taco's, salad, ranch beans, chocolate cake, milk Hot pockets	20 Sweetened rice, ham, variety juice, milk Meat Loaf, macaroni/cheeses, green beans, wheat bread, mix fruit cups, milk Burritos	21 Biscuits, gravy, sausage, jelly, apple juice, milk Nacho Grande, lettuce & tomatoes peach cups graham crackers, milk	22
23	24 Donuts ham grape juice milk Chicken fajita, refried bean, toss salad, orange smiles, chocolate pudding cup, milk Corn dog	25 Pancake, sausage, applesauce cups, syrup, milk Hamburgers, lettuce, tomatoes pickles, chips, fresh apple, milk	26 Oatmeal, ham, orange juice, milk Cheeseburger pockets, chips, pickle spears, peach cups milk Hot pockets	27 Waffles, applesauce, sausage, milk Steak, gravy, mashed potatoes, green beans, rolls, milk Burritos	28 Pop tarts, ham, grape juice, milk Pepperoni pizza, corn, orange smiles milk	29
30	31 Pancakes, sausage, grape juice, syrup, milk Hamburgers, lettuce, tomatoes, pickles, chips apples, milk					